## **International Yoga Day Celebration**

We celebrated International yoga day on 21<sup>st</sup> June 2022 with an agenda of self-exploration through yoga, where we had an awareness speech on Yoga and its benefits in our daily and professional life. SCII always want their employees to be a part of each and every event, keeping that in mind, we had a small activity for writing a slogan on knowing self through yoga. We received a number of responses from employees which we displayed to everyone through a video.



Introduction speech on Yoga by Mr. Punith



Speech on benefits of Yoga by Mr. Sagar

The slogan received by the employees was appreciated by everyone, we had shortlisted our slogan winner – **Ms. Bhanu Priya** 

Here is the slogan was written by Bhanu Priya

"Yoga: Tough to bend but when it becomes easy, life goes easy"